

Neonatal Abstinence Syndrome

- Occurs after birth due to the baby being exposed to substances (usually opioids) during pregnancy.
- The substances pass through the placenta, making the baby dependent on the drug.
- Symptoms usually appear 1-3 days after birth.



What to do if you think that your baby has NAS?

Infants with NAS will generally require extra time and treatment in the hospital. Treatment depends on the type of drug involved and the severity of drug use.

However, you should wrap your baby in a blanket, give your baby skin-to-skin care (kangaroo care), keep your baby in a quiet, dimly lit room, and breastfeed your baby.

This poster is funded by the Center for Children and Family Futures, Administration on Children, Youth and Families, U.S. Department of Health and Human Services, under grant #90CA1854 with additional support of the Supreme Court of Ohio. The content of this flyer is solely the responsibility of the authors and do not necessarily represent the official views of the Center of Children and Family Futures.

Information gathered from:

Neonatal Abstinence Syndrome: MedlinePlus Medical Encyclopedia." *MedlinePlus*, U.S. National Library of Medicine, medlineplus.gov/ency/article/007313.htm